

# Community Empowerment and Comprehensive Collaboration: Ways forward for Sustainable Ageing in the Digital Era

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## **Topics of Presentation**

- Demographic Situation & Urgent Measures for Ageing Population
- Collaborative Mechanisms
- Partnership and Projects



### Demographic Situation

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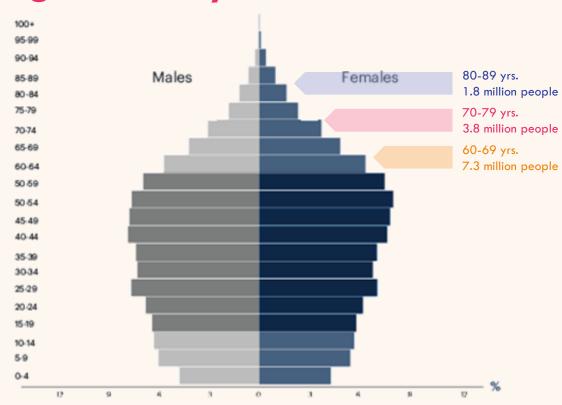
Urgent Measures for Ageing Population

#### **Demographic Situation**



#### Thailand becomes the Complete-Aged society

- Thailand has 13 millions older adults which is 20% of total population
- In 2036, it is expected that Thailand will become the Super-aged society, with 28% of its population being older adults.
- The rate population increase will be only 0.18%.



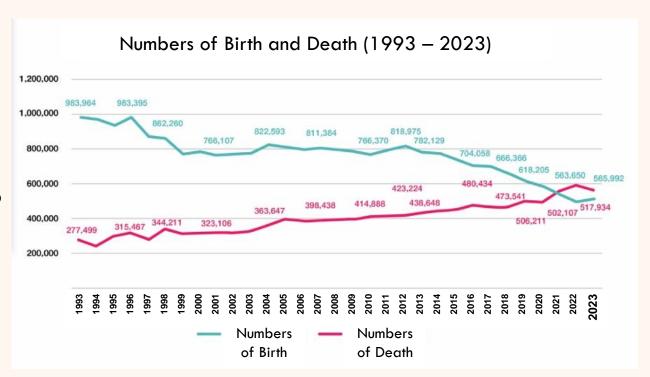
Thai Population Pyramid 2022

65 millions people



#### Thailand's population structure: Deaths outnumber births.

- In 2021-2023, 517k children were born but 565k died.
- In the long term, Thailand ages faster due to the low birth rate and workforce.
   In 2023, the age Potential Support Ratio was 2:3.
- The number of dependent older adults will be increasing, and they will need more state welfare which affects its administration.



#### Ministry's Urgent Measures for Ageing Population



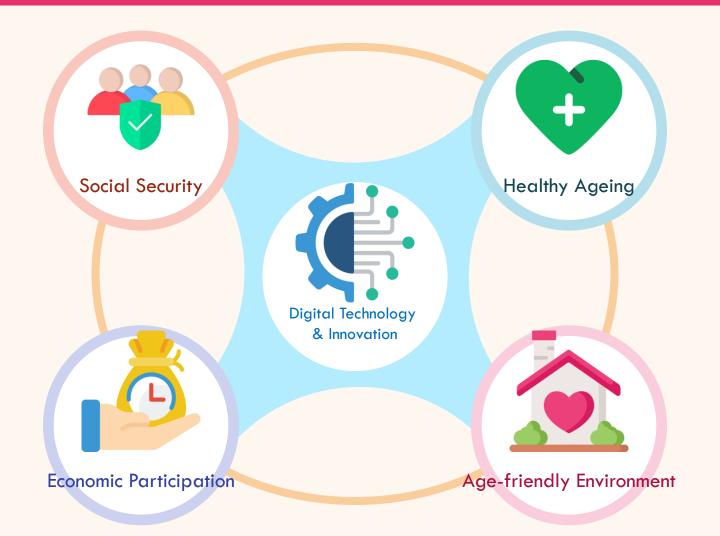
- 1. Promoting healthy behaviour, emphasizing preventive rather than corrective measures
- Enhancing economic opportunities and employment, extending retirement age, improving necessary skills, digital literacy and reducing barriers to employment of older persons
- 3. Developing basic infrastructure for elderly care within communities, e.g., fostering the system of care and rights protection for older persons within the community to promote community-based care, promoting family and community support, e.g., fostering intergenerational solidarity within family and community
- 4. Promoting age-friendly environment that facilitate activities and transport for older persons
- 5. Fostering the linkage and exchange of data base on older persons to ensure comprehensive and integrative operations





## Ways Forward to Sustainable Ageing







## Collaborative Mechanisms

#### Policy Mechanism: Integrated Plan for Ageing Society

To promote preparation for quality ageing among pre-ageing population and to ensure economic, social, health, and environmental security as well as a better wellbeing for older persons.



#### **Public-Sector Partners**



Enhance vocational skills to promote stable self reliance

**Directions** 

- Advance social protection for improving the quality of life of older persons
- Modify environment and facilities for older persons
- Develop system and innovation for elderly heath care



Ministry of Social Development and Human Security



Office of the Prime Minister



Ministry of Interior Affairs



Ministry of Public Health



Ministry of Digital Economies and Society



Ministry of Higher Education, Science, Research and Innovation

#### **Steering Mechanism**





#### **Country Level**

- National Commission on the Elderly (NCE)
- 10 Sub-Commissions under NCE



#### **Provincial Level**

- Provincial Social Development and Human Security Offices
- Provincial Social Welfare Development Centers for Older Persons (SWDCOPs)
  - Learning and Training Center on Older Persons, Chon Buri Province





#### Organizational Level

- Collaborative government organizations under Integrated Plan in Preparation for Ageing Society
  - Ministry of Public Health
  - Ministry of Interior
  - Ministry of Labour
  - etc.



#### **Community Level**

- 2,064 Centers for Quality of Life Development and Career Promotion for Older Persons
- 2,456 Elderly Schools
- 55,978 Volunteers (specialist in geriatric care)
- 29,359 Elderly Clubs





## Partnership and Projects

#### Partnership: MOUs



#### Memorandums of Understanding

#### 1. MOU on Life-Long Development (Older Persons)

#### between 7 Ministries

- MSDHS
- Ministry of Higher Education, Science, Research and Innovation
- Ministry of Digital Economy and Society
- Ministry of Interior
- Ministry of Education
- Ministry of Public Health



#### 2. MOU on Life-Long Learning (Elderly School)

- Department of Older Persons
- Department of Health
- Department of Local Administration
- Department of Learning Encouragement
- Ministry of Higher Education, Science, Research and Innovation
- ThaiHealth Promotion Foundation



#### 3. MOU on Digital Literacy and Cyber Security

- MSDHS
- Department of Health
- Ministry of Public Health
- King Mongkut's University of Technology Thonburi
- Advanced Wireless Network Co. Ltd.



## 4. MOU on Technology Development for Social Welfare Development Centers

- Department of Older Persons
- National Science and Technology Development





## Letter of Intent on Promoting Digital Skills among Older Persons, Women, and Family

"Women ICT Frontier Initiative (WIFI) DX"

Empowering Women Entrepreneurs through Digital Transformation

#### **Partners**

- 1. The Asian and Pacific Training Centre for ICT for Development
- 2. The Ministry of Social Development and Human Security
- To promote women empowerment through business innovation and digital transformation.
- To enhance digital capabilities of varied demographics, including the ageing population and persons with disabilities.
- Modules and sessions designed for older women entrepreneurs, focusing on age-appropriate technology training and creating network opportunities









#### **Projects: Elderly Schools**

#### **Objectives**

- 1. To promote quality of life development and lifelong learning.
- 2. To promote self development, care, protection elderly, and rights advocacy.
- 3. To promote good physical and mental health in older persons to live in changing societies.
- 4. To support older persons groups for vocational skills
- 5. To have a place to hold activities and age-friendly environment.
- 6. To support older persons' contributions to the communities and societies, honouring older persons' wisdom

#### **Partners**

- Ministry of Higher Education, Science, Research and Innovation
- 2. Department of Local Administration
- 3. Department of Learning Encouragement
- 4. Department of Health
- 5. Thai Health Promotion Foundation

There are 2,987 elderly schools nationwide (as of 31 March 2024).

- 9 elderly schools in Bangkok Metropolitan
- 463 elderly schools in central region
- 884 elderly schools in northern region
- 1,247 elderly schools in northeastern region
- 384 elderly schools in southern region











#### **Projects: Community Elderly Caregivers**



#### **Objectives**

- 1. To promote care support and rights protection
- 2. To develop capacity of community elderly caregivers
- 3. To create an inclusive care mechanism

#### Output

- 1. Older persons are provided care and protection.
- 2. There are quality caregivers in communities.

#### **Outcome**

Older Persons have good quality of lives.

#### **Principles**

- 1. Community Care
- 2. Social Participation
- 3. Rights and Protection
- 4. Human Dignity
- 5. Social Responsibility

#### Methods/Activities

- 1. Creating caregivers
- 2. Providing training on elderly care and rights
- Providing knowledge on holistic care (Health/Economy/Society/Environment/Technology)
- 4. Organizing Workshop on Improving Quality of Life

Within 20 areas in which the project has been implemented, 82,307 older persons have gained benefits from the community elderly caregivers.













## THANK YOU

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